### Shri. Balasaheb Mane Shikshan Prasarak Mandal, Ambap's

# Ashokrao Mane Ayurvedic Medical College & Hospital, Vathar Tarf Vadgaon Tal- Hatkanagale Dist - Kolhapur (M.S)

Phone No: 9673111129 Website: www.amahrc.com

# Jagtik Mahila Din (International Women's Day)

Ashokrao Mane Ayurvedic Medical College & Hospital organised "Mahila Swasthya Saptah" On the occasion of International Women's Day on 8<sup>th</sup> March 2022.

#### Which have 3 objectives-

- 1) Mahila Swasthya Shikshan (Women's health education)
- 2) Mahila Swasthya Vardhan (Women's health promotion)
- 3) Mahila Arogya Tapasani (Women's health general check-up, free blood check-up and medicine distribution)

Institution organized health awareness talks in different Schools and Colleges. Regarding "MENSTRUAL HYGIENE HEALTH ALONG WITH STRESS MANAGEMENT" for The Girl Students, Female Teaching Staff and Non-Teaching Staff.

## The Above Objective covering the following points -

- 1) Menarchial stage difficulties, problems and their management.
- 2) Post Menarchial or mid aged Women's disorders and their management.
- 3) Menopausal stage problems, disorders and their management.
- 4) Post-menopausal disorders and their management.

Name Of College - Ashokrao Mane Institue of Diploma in pharmacy
Peth Vadgaon

Name Of Principal - Ms. Priyanka J. Patil

Name Of Chief Guest - Mr. Shrinivas B. Bagal

Name Of Presenter - Dr. Rutuja Patil
(MD Ayu)

Presentation Date - 22/04/2022

#### Details of the attendance -

Sr. No.	Number Of Teaching Staff	Number Of Students	Number of Non-Teaching Staff	Total
1	4	26	2	32

Ashokrao Mane Ayurveda Medic: College & Hospital, Vathar Tarf Vadgana Tal. Hatkanangale, Dist. Kolhapur. (N. S.)







