

Shri. Balasaheb Mane Shikshan Prasarak Mandal, Ambap's  
Ashokrao Mane Ayurvedic Medical College & Hospital, Vathar Tarf Vadgaon  
Tal- Hatkanagale Dist – Kolhapur (M.S)

Phone No: 9673111129

Website: [www.amahrc.com](http://www.amahrc.com)

### **Jagtik Mahila Din (International Women's Day)**

Ashokrao Mane Ayurvedic Medical College & Hospital organised  
"Mahila Swasthya Saptah" On the occasion of International Women's Day on  
8<sup>th</sup> March 2022 .

#### **Which have 3 objectives-**

- 1) Mahila Swasthya Shikshan (Women's health education)
- 2) Mahila Swasthya Vardhan (Women's health promotion)
- 3) Mahila Arogya Tapasani (Women's health general check-up, free blood check-up and medicine distribution)

Institution organized health awareness talks in different Schools and Colleges. Regarding "MENSTRUAL HYGIENE HEALTH ALONG WITH STRESS MANAGEMENT" for The Girl Students, Female Teaching Staff and Non-Teaching Staff.

#### **The Above Objective covering the following points -**

- 1) Menarchial stage difficulties, problems and their management.
- 2) Post Menarchial or mid aged Women's disorders and their management.
- 3) Menopausal stage problems, disorders and their management.
- 4) Post-menopausal disorders and their management.

Name Of College - College Of Education (B. Ed) Peth – Vadgaon

Name Of Principal – Mrs. Nirmale R. L.

Name Of Chief Guest – Mrs. Nirmale R. L.

Name Of Presenter - Dr. Rutujya Patil

(MD. Ayu.)

Presentation Date - 30/04/2022

Details of the attendance -

Sr. No.	Number Of Teaching Staff	Number Of Students	Number of Non-Teaching Staff	Total
1	4	12	1	17

**Principal**

Ashokrao Mane Ayurveda Medical  
College & Hospital, Vathar Tarf Vadgaon,  
Tal. Hatkanangale, Dist. Kolhapur. (M S.)



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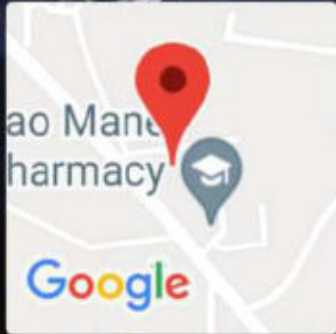
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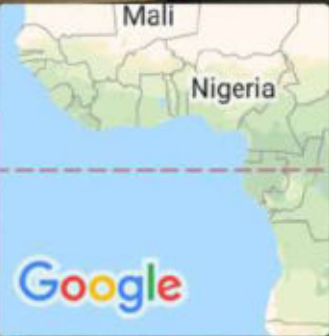
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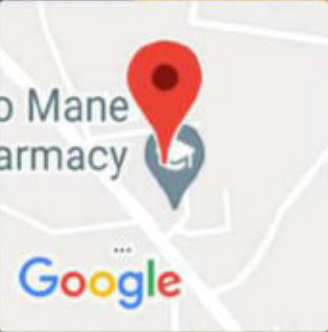
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### Peth Vadgaon, Maharashtra, India

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